

The Fabulous Fourth Footnotes

Montana • North Dakota • Alberta • Saskatchewan



SONS of NORWAY

January 2022



Greetings to all you wonderful District IV members of Sons of Norway. Time seems to be going fast and lots of things are needing to get done.

Of course, as you know we are still dealing with the Covid Pandemic, and it doesn't seem to be getting any better. Do you wonder if we will ever be free of it? So many people have had the disease and we have also lost members because of it. Which is so very sad. I certainly do hope the end of it is near.

The District Convention will be held in Fargo, ND beginning on the evening of Thursday, June 16, and all day 17 & 18, 2022. It will be held at the Holiday Inn. Kringen lodge from Fargo is working very hard to make a great convention. So, it will be worth your time to attend. We would like to have every lodge represented. The theme is "Call to Action" Please plan to attend. If you are not a delegate, you are welcome to come as a guest.

I do want to again list the goals that the District Board made when we were at our Board meeting last fall. So here they are:

1. Increase or maintain the membership in all District Lodges to be in the positive column.

It was agreed that the board would like to see positive growth in all District IV Lodges by May 1, 2022. The starting reference point will be the Membership Report as of August 31, 2021.

2. Every lodge in District 4 will attend Convention in Fargo, ND
3. Every Lodge in District 4 will donate to the District 4 Scholarship Fund held by the Sons of Norway Foundation.
4. District 4 Zone Directors will promote

an Inter-Lodge event by May 1 and report at the District Convention.

Please take these goals seriously and complete them in your lodges.

Also, listed in this newsletter information on having a successful membership event. And what the district will do to help you accomplish this. Your Zone Directors will be in touch and work with you on it. I want to see your lodges do this and have a successful time of introducing future member to the Sons of Norway. Remember to always have the positive attitude when doing this and inviting members.

This spring the board has worked up a day camp of each lodge in each Zone getting together for the day and sharing ideas on how to improve events or articles that you can do in your lodges to make them more inviting, informative, and fun. This is one way we are suggesting of getting new ideas, new members and have some interesting meetings for your regular members too.

Again, I want to encourage you to make Sons of Norway visible in your community by volunteering. You can volunteer for an hour, 2 hours, or maybe all day. There are some members volunteer on a regularly with an organization in their community. Just do what you are capable of doing. Please wear a name tag, or shirt that identifies you as being with the Sons of Norway

Thank you again for all you do and have done for Sons of Norway. Have a great rest of winter and a fabulous spring.

Fraternally,

Nordy

Nordy Riley, President
District IV Sons of
Norway



Sons of Norway's Mission

The mission of the Sons of Norway is to promote and to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

www.sofn-district4.com

Greetings all you wonderful Sons of Norway members:



It has been a rather long year with the Covid and all the

District IV Vice President Martha Elliott



Greetings to all lodge officers and members.

Attached in the newsletter is the end of 2021 membership of all the lodges in District IV. Look at that report and see how your lodge membership has been for 2020 and 2021.

Our District had 4,545 members at the end of the year in 2020 and the 2021 total is 4,378. 142 membership loss. But we can make that a positive number by signing up new members. Remember if you sign up new members between January 1st. and June 1st., your name will be put in a drawing to receive \$\$\$ help so you can attend the 2022 Norsk Høstfest. Find a person to join your lodge. Thanks.

I am making plans for the Memorial Service to be held at the District Convention in Fargo. A member of your lodge will be asked to carry a carnation in memory of members who have passed away the past four years. We will also recognize District Officers who have passed away. More about that later.



Lodge Calendar and Other Deadlines

March

March 1--Domestic scholarship applications due to Sons of Norway Foundation

March 15--Lodge Achievement, Family Lodge of the Year and AFA due

March 15--D17 due

April 1--Deadline for District Cultural Scholarship (attached) Application to be submitted to District Cultural/Publicity Director

May

May 15 –IRS 990 forms due for Lodge and Lodge Corporations

June

June 9-12--Trollfjorden Camp

June 16-18--District IV Convention in Fargo

October

October is Foundation Month – consider a donation directly to the Foundation or plan a fundraiser for the Foundation.

Oct. 15 – Foundation portal is available for lodges and individuals to apply for grants and scholarships.

November

Election of Lodge Officers

December

Dec. 1 - District Fraternal Grant Evaluation from previous year due

Dec. 15 - International Foundation Grants
- Community Partnership due to Home Office

Dec. 31 - District Fraternal Grant Application due

Dec. 31 - D63 Report on Election of Officers due to Home Office

Dec. 31 - International Foundation Grants due
-Helping Hands to Children Grant
-Lodge Culture and Heritage Grant
-Lodge Vitality Grant



**District IV Secretary
Foundation
Dan Rude**



As I write this report, I have five lodges who have not yet filed their D63 – Change of Officers Form. As soon as I get those five reports I will then finish the District IV Directory and get to all the lodges in a timely manner.

Three New District Programs

Membership Dinners/Event

The District IV Board of Officers and Directors developed a program to replace the Membership Dinner Program that the International Headquarters discontinued.

The District will provide reimbursement up to \$300 for expenses for holding a membership event such as a dinner, breakfast/brunch, a heritage event with displays and demonstrations, or other type of membership event. Up to an extra \$100 to be used for renting a facility to hold the event. One event per year.

The Procedure:

1. Submit a request for funds to Zone Director prior to event
2. Zone Director approves event
3. After the event the Lodge is to submit request for funds (form to be developed) with receipts to District Secretary. List number of potential members that attended.
4. Lodge will be reimbursed up to \$300 for receipted expenses
5. Lodge will be reimbursed up to \$100 for renting a facility

The Requirements:

1. Must have at least 10 potential members attend.

2. Program must include discussions about:

- Financial Products
- Fraternal Programs
- Foundation – Scholarships and Grants

Local Lodge Activities

3. Advertising – community bulletin boards, fliers, radio stations, newspaper ads, etc. Contact your Zone Director If you have questions. The report forms will be on District IV’s Website.

Membership Signup Contest

For each new member a current SON member signs up, that current member’s name will be put in a drawing for Hostfest 2022 held in Minot, ND Package. The total package valued at up to \$1000 includes admission fee, lodging, food and entertainment. Promotion time; January 1, 2022 – June 15, 2022. The drawing will be at the District Convention.

Interlodge Events

Each Zone Director will be allotted up to \$1000 to host an Interlodge Event with one event per Zone. The Zone Directors will be planning an event that will take place as soon as the weather permits travel. Ask your Zone Director about updates!

Convention Forms

I have just received the membership numbers that are to be used for determining how many delegates a Lodge are allotted. I will have the delegate forms out in early February. Just a reminder that you must have your delegates elected by April 1.





Sons of Norway District 4 2022 Convention will be on June 16-18 . hosted by Kringen lodge in Fargo. We are extending a warm invitation to all lodges, delegates and guests to come and experience leadership training, cultural programming and to enjoy the comraderie of fellow SofN members.

We have secured \$109 a night lodging at the newly remodeled Holiday Inn. the main site and across from Fargo This will be convention is located the mall.



Foundation Report

As of January 19, 2022 the “**Together We Are The Future**” Campaign has raised **\$178,276** for the Foundation. Thank you to the Lodges, District IV Board, and individual Lodge Members who have donated to make the campaign such a success again this year. The deadline for the scholarships or overseas study that are due Jan. 1 has been extended to March 1. Visit the International Website to see all of the scholarships that are available.

Kringen club in downtown Fargo will “kick off” Convention on Thursday night with the President’s Reception, memorial service, a delicious meal and entertainment. Experience the Troll Lounge that features Olso Mules - not to be confused with Moscow Mules!

District 4 President Nordy Riley and the District 4 board encourage all lodges to send delegates and guests to make the 2022 Convention memorable, informative, educational, productive and entertaining!!!!

Convention will conclude on Saturday evening with a Grand banquet , entertainment and celebration with the newly elected officers and board.

Put Sons of Norway Convention June 16-18, 2022 in Fargo on your calendar! More information to follow.....

Convention Co-Chairmen,
John Andreasen
Kay Halverson



District IV Culture and Publicity

Flo Kallenbach

It has been a real joy to be your Culture and Publicity Director during the time I have served.

Sure, there are deadlines and plenty of work to do, but that's half the fun.. Being in this position has allowed me to meet so many of you who send in photos for the *Viking* magazine or who send me their lodge newsletters. I have even gotten to visit many of the lodges in the district.

Occasionally, I am asked to help a member contact another lodge or try to find someone who used to belong to a lodge, etc. etc. They see my name listed in the *Viking* as a contact person and I get chosen. This week, I had the opportunity to aid in such a contact. It concerned a photo that someone had seen on ***The Official Sons of Norway Facebook Page***. Following that connection and excitement, one of the ladies sent me some fun information from their lodge and so on, and I asked if I could share some of it with you folks. So later on in the newsletter you will see some excerpts from that email. I hope you enjoy it.

I'm sure you have noticed that there are fewer pages for our District photos in the *Viking* magazine, but they are presented in a more updated format. Please keep your photos coming. Be sure to use the new Content & Photo Submission Form that was attached to the October issue of *Fabulous Fourth Footnotes*.

Doris Kamstra, Sons of Norway membership manager and the person to whom I send photos and such for the *Viking* magazine says this:

“Remember to invite lodges to submit **upcoming events that will take place**--three months in advance of activity In particular, I encourage you to consider adding upcoming district and lodge camp activities for youth or adults, as is it not too early for families to make summer plans. So

far, I've only seen Masse Moro Norwegian Heritage Youth Camp in July added to the calendar of events.

Speaking of events, you may also want to post your 2022 district conventions on the Sons of Norway events calendar. I have heard some districts will be adding new workshops or activities open to non-delegate members. If you'd like to promote your convention, you can add your information with details (planned activities, important dates for reservations, contact info for questions or a link to your district page for updates or specific agenda notes, if 1 day or “drop in” member visits for single activities or shopping are possible, etc.). No log in is needed to post an event. Questions? Just let me know.”

Another resource I have enjoyed is that of the Culture and Publicity people from other districts. District II Director, Nancy Holter, is busy sending out information whenever she finds something. See her latest post which will be on this coming week:

“They are both next week (Jan 27 and 29) but may fill up, so check them out soon.

The Virtual Crafts & Cocktails program will include making “ intricate snowflakes», taught by local artist Jaffrey Bagge. The cost is \$5. You can register here: <https://www.nordicmuseum.org/product/6348>

The other class is a knitting one, “Sámi Knitting from Sweden”. It will be a two-part class. In this class you will be recreating a “historically accurate, Swedish Sámi knitted mitten”. A list of materials and the pre-class ‘homework’ is also set out on the registration page. <https://www.nordicmuseum.org/product/6342>

If your members participate in these classes, it would be fun to see what they produce.”



Zone Reports

ZONE 1

Becky Gunderson, Director

2021 RECRUITMENT CAMPAIGN

Congratulations to the 96 Lodges that met their recruiting goal for a total of 17,267 new members. Sons of Norway total membership is 63,027. They will receive a 2021 Founders Award Certificate and a \$125 Award. 10 Lodges in District IV met their goal.

Congratulations to the 10 Lodges in District IV who met their goal and helped gain 346 new District IV members.

4-025 Kringen Fargo ND---170 new members

4-424 Normanden Missoula MT---21 new members

4-478 Mollargutten Maddock ND---16 new members

4-078 Mjosen Mayville ND---15 new members

4-021 Gyda Varden Grand Forks ND---9 new members

4-107 Sverdrup Bismarck ND---9 new members

4-481 Hjemdahl Valley City ND---8 new members

4-493 Northern Lights Grande Prairie AB Canada---4 new members

4-543 Fjelldal Bozeman MT---4 new members

4-565 Henrik Ibsen Wahpeton ND---4 new members

As District IV Lodges prepare for the 2022 Recruitment campaign, please take advantage of the two new programs that your District Board created-reimbursement up to \$300 for a membership event and New Member Sign Up Contest. Consult your Zone Director for more information.

ZONE 3

Martha Elliot, Director

Greetings to all lodge officers and members.

I read that the lodges are meeting and enjoying getting together. However, things are changing with covid, flu and colds. But we will meet when possible.

A lodge had a social where they were encouraged to wear a Norwegian sweater. I'm sure all of you have a sweater, so plan an event and wear the sweater and then share the history of the sweater. Bought in Norway, in Minot, knit the sweater or a sweater from a family member. All the sweaters are so beautiful and they have a cultural heritage.

We can have an evening of Show and Tell. People bring cultural items that are family heirlooms. Share with the group your precious items. That event is always fun.

Plan for a Valentines Party. Bring an old Valentine card you might still have. The older cards are totally different than those today.

Syttende Mai is around the corner. Start planning on something special for Syttende Mai.

Delegates will be elected soon to attend the Convention in Fargo. I look forward to seeing all the delegates.

Keep meeting and have enjoyable meetings and socials.

Happy New Year.





ZONE 2

Kay Halverson, Director

Weather- wind, snow, negative temperatures, blizzards- seemed to be a major part of the past month. Meetings cancelled and questioning going out in the evening became a concern for some lodges. In zone 2, these were some factors that lodges have dealt with.

Wergeland -Jamestown

The December meeting was a pizza party and game night. The lodge has applied for and received a District 4 grant to sponsor decorating a holiday tree for the local nursing home. Members continue to meet at Emmanuel Church and are considering rotating meeting times and days between Sunday afternoon and Tuesday evening.

Ueland - Cooperstown

Members held a potluck meeting in November at a new restaurant in Cooperstown. This newly renovated restaurant is in the building of the former SONS lodge. In December, Ueland members collected food for the food pantry and helped to assemble boxes of groceries that were distributed in the community. An inter-lodge Sunday potluck dinner and Norwegian movie social is planned for February at the Bible camp. After the sale of their lodge building, membership has had the opportunity to refocus their time and talents to fun community activities. They had a food stand that raised money for a local charity.

Hjemdahl - Valley City

The lodge is planning to install five new officers for the upcoming year. It is great to have members ready and willing to take over leadership and the outgoing officers are willing to serve in an advisory/mentorship role. Meeting attendance is steady and new programs are in the planning stages. In December, members rang bells for the Salvation Army.

Kringen - Fargo

The lodge met and exceeded their membership goal. They continue to provide daily noon lunches, Tuesday evening meals and cultural events for members and guests. The ukulele band performed at the West Acres mall for a holiday concert. The Troll lounge has begun a variety of evening activities including trivia, jam sessions for local musicians, karaoke, entertainment and a limited food menu. Monthly Lutefisk and meatball dinners continue with volunteers preparing and serving food for 350-400 each month.

Wahpeton -Henrik Ibsen

“The Staving Letters” was sponsored by Henrik Ibsen lodge in November. This event was partly funded by a cultural SONS grant to bring in the presenters from SD. Approximately 90 people attended and were served Norwegian delicacies after the presentation. Members continue to meet monthly. The lodge has been approved for another cultural grant in 2022.





ZONE 4

Russ Wiigs, Director

Greetings from Zone 4!

2022 arrived with even more changes in how we meet with each other! COVID and its varieties have continued to force us to do things very differently. Most of our lodges are experiencing difficulty surviving all these changes! Meetings have changed and in many cases are nonexistent! New ways of meeting with our members can be quite challenging! The last few years have certainly made us wonder when it will all end. Many of our lodges have aging memberships and we have not been able to successfully recruit new and younger members.

The Sons of Norway website can offer many programs that may be able to assist your lodge during these times. Please log onto the SON website and look at what they have to offer. The 'Hunt and peck' method seems to work quite well but clicking on 'Member Resources' works well too. Feel free to look at this site and others to see if they have any suggestions to assist your lodge. We need all the help we can get!

In Zone 4 (as with most of SON lodges), we are experiencing dwindling membership in many lodges. Larger lodges are doing okay, but they are not growing. So membership growth is our greatest challenge. Hopefully things will soon be back to usual and COVID will be behind us.

District IV Zone 4 lodges are in Alberta and Saskatchewan. As such we are torn between sharing our identity with District 4 (most lodges are in Montana and North Dakota) or sharing it with our fellow Canadians in Zone 7 (British Columbia). We have had several meetings and Zoom discussions but it will take time to decide the best route for our lodges. Also, it may take quite a while to determine the correct way to move from one district to another. Although several lodges are interested, nothing has been finalized so far. Some lodges in Zone 4 are closer to lodges in District 7. One big question is whether it is easier to travel south across the international border, or west across the rugged Rocky Mountains! I am sure discussions will carry on for several months before any decisions are made

ZONE 5

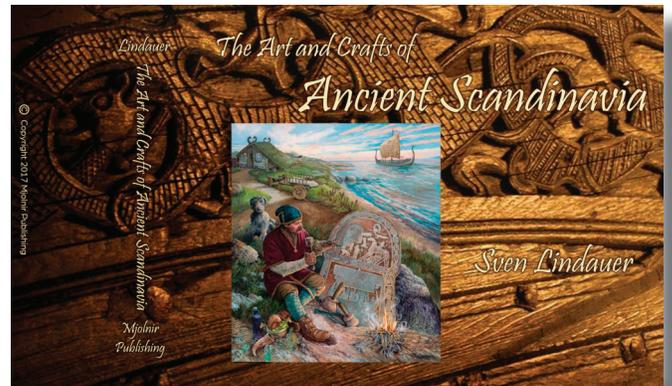
Becky Lewis, Director

Hi Folks,

We are still experiencing the Pandemic precautions. Lodges are meeting as they feel able to gather safely.

Jotunheimen Lodge Billings, Mt - Sponsored a book signing for Sven Lindauer. I attended and bought his book "The Art & Crafts of Ancient Scandinavia". As an artist for National Geographic TV, Sven Lindauer has been painting world themes and traveling the globe for decades. His Scandinavian Ancestry is of great pride to him and his excitement about bringing people together through this life-long dream. He paints daily in his gallery in Cody, Wyoming in conjunction with business partner and master furniture designer/builder Doug Nordberg in the Nordberg Lindauer gallery.

We should all look forward to our District Convention in Fargo, ND. June 16-18, 2022. It is the responsibility of each lodge to send representatives to the District 4 Convention. See you there.





ZONE 6

John Sverre Knudsen, Director

Happy New Year or maybe or possibly a happier new year. Well, greetings from Zone 6 Director, John Knudsen. So what has been going on?!? Maybe not too much at your lodges. As we are now battling another round of Covid with the omicron variant. Please be safe and get your shots and boosters.

Check the International web page for foundation scholarships. They are out there and lots of them, even studying in Norway.

The district is going to help you out if your lodge will host a membership event with support from us. That is up to \$400. You should be able to put on “The Ritz” with that kind of money.

Are you going to go to the Hostfest this year? Well, there is a way that you could go less expensively. How is that? By putting yourself into a drawing for prizes and entry fee by signing up new members. That drawing is worth up to \$1000.

Another great idea for the District is the setting up an interlodge event at a central location. Each Zone Director will try to put on the meeting where all lodges in our zone come together to discuss what is happening at your lodge. The meeting will include discussions and entertainment and just a nice feeling before the District Convention in Fargo. Hopefully, it gets some wheels as soon as weather permit.

Don't forget the “newly” Viking for more articles.



wheels as soon and covid

to look through formatted Magazine interesting



Trollfjorden Language & Cultural Camp

Calling all District 4 ND Campers! Trollfjorden 2022 is back, June 9-12! The dates are set, staff is excited to return, and our camp hosts have expanded, improved and updated the beautiful facilities that we are using at Lake Metigoshe. Trollfjorden began in 2003 with an idea born from the dreams of members of District 4, the camp has been operating steadily since then. It is a generational experience for lodge members and families from the age of 8 and up. Whether attending singly or as a family, the feedback on the experience has been the fuel that keeps us coming back each year. North Dakota lodges will be receiving registration information after our Trollfjorden March board meeting. Fundraising letters were mailed out to the lodges for their 2022 budgeting purposes. Encourage your lodge members to look into the camp as a family time or just a new experience. The days are filled with nature hikes, breakfast, singing, language and cultural instructions, more dining and singing, evening cultural programs and folk dancing every night. Everyone keeps busy from Thursday afternoon to Sunday morning. The new and expanded sleeping rooms are going to amaze former campers and if it's warm, AC is going to be in every area where we work, sleep and play.

Check us out on [Facebook.com/Trollfjorden](https://www.facebook.com/Trollfjorden)

Registration forms will be uploaded to the District 4 website and found on Facebook about April 1. Save the date. First come first serve on registrations. We have a camp limit due to staffing and beds available. Onsite camper parking is also allowed if you want to bring your own bedroom.

District Camp Trollfjorden!

A Norwegian Cultural Experience

On the shores of Lake Metigoshe

Jerry M Saude – 2022 Director



Just a little Extra!

I have attached a document Translated by Kristian Nyhus, a member and a Past-President of Solglyt Lodge, that I had on file. Brenda Carlstad, Solglytt Lodge

Norrøna Oct.7th, 1915 __From “Nordpolen” __ Lodge # 143, Edmonton, Alberta Yes, it is a little lodge history that we will strive to write. It is hoped it will also be of interest to hear from the “North Pole”. Nobody should believe, however that since we named our lodge “North Pole” that we are located as far north as it is possible. Likewise, we would not want the world to believe that we are the only lodge north of the 49th parallel. British Columbia is also in Canada, where there are two lodges. Even further north in Alaska there are Sons of Norway lodges. But a thing that you all should know is that Edmonton is the capital of Alberta and a large city. You should know that you must remember to write house numbers on your letters, when you write letters to your friends here. I just received a letter from brother Bendeke, and the letter had circulated among several letter carriers, because the house number was not written on the envelope.

It was in the summer of 1912 that we started to strive to organize a Sons of Norway here. Some of us here felt a need to come together and some had previously been members of Sons of Norway in the States and knew about the Order. But need and talk did not show result without action. I made contact with my old friend and brother L. Stavnheim and asked him what the possibility was to organize a lodge here. At that time the main lodge was not acquainted with what the rules were for association insurance companies to be established in Alberta. I contacted the Alberta Government and was told that the company first had to be registered in Ottawa. Thereafter, I contacted the insurance department in Ottawa and was told that they did not register association insurance companies. I thereafter gave up the idea for a while. Without the insurance advantage for the members, it did not make much sense to form a lodge. Then Secretary Stavnheim found that it was not really necessary to have permission to initiate such an endeavor here in Alberta, since there were no rules established with respect to such associations.

We received the necessary signatures from the main lodge and they sent the required procedure and equipment to organize the lodge. We established an organizing committee to facilitate activities, where P.K. Baukol was elected president, Aksel Isackson secretary and Carl Nelson treasurer. Shortly thereafter we received a letter from Ludvig Saxe, saying that he wished to come to Edmonton to make a presentation, where there were Norwegians and “electric power”. Power he required to show his pictures. We wrote and asked him to come. We would fulfill his requirements and we would, as the organizing committee for Sons of Norway, do our best to entertain him.

The preparations were done, with everyone doing his part as required. Everyone would like to take part in honoring this representative from Nordmandsforbundet. The banquet we arranged was a success and it was the general opinion that it was the most enjoyable banquet that the Norwegians had experienced here in Edmonton. Ludvig Saxe describes the banquet as follows in his book: “Norwegians around the World”. He writes: “ Just as I arrived in Edmonton, they arranged for a Norwegian festivity, where I met numerous countrymen, many of whom had never met one another before, where the hall was decorated with Norwegian flags and the women made sure that everything with respect to the most delicious food was served.

The 2 motivator for the arrangement was P.K. Baukol from Gudbrandsdalen, a very interesting gentleman who is always on the go, and who is now in the process of establishing a Sons of Norway lodge in Canada”. Brother Captain A. Hovland came here from Thief River Falls, Minn. and helped us keep the interest up. In April, the organizer Chr. Pederson came and on April 21st the “Nordpolen” Lodge No.143 was established with 28 members. The following were elected to the board: Carl Nelson, President; P.K.Baukol, Secretary; Knut Storheim, Financial Secretary; Rolf Brekken, Counselor; H.E. Floen, Vice-president, and C.R. Anderson, Treasurer.

On May 17th, Sons of Norway had a successful banquet. As a proof of the lively interest that reigned for Sons of Norway, it will bear notice that during the first year, there was only one meeting where there was insufficient attendance to form a quorum. After the election of a new board in September 1913, much effort was exerted to get more members and twelve new members were initiated on January 16th, 1914. Some of our best workers have now left the city and many



of the single men have moved elsewhere to find work, but are still using Edmonton as their homeport. Our first president, Carl Nelson has moved back to Minnesota, H.E. Floen also aborted his function as President and is now in England or France where he is engaged as quartermaster. C.R. Anderson, who was the first Treasurer, is now in Daysland, where he has established a hardware store. Financial Secretary Knut Storheim is out in the country, where he is busy with his paintbrush, and Gullik Sørensen who for so long and faithfully served us as Regent and later as Financial Secretary, has left his position and is planning to start farming.

Those of us who are left carry on with due diligence, since we are convinced that there will be others who will step in and further our cause. Where two or three are getting together to further our Norse interests and have of the right enthusiasm, they will no doubt start the snowball rolling again. When we receive visitors from Norway, who bring greetings from Nordmandsforbundet we, the Sons of Norway Lodge here feel a certain responsibility to receive them and entertain them the best we can.

When we heard news that Mr. Morgenstjerne was on a visit to Canada, we felt that it was important that he took in the Capital of Alberta. We were successful in this, and even though the visit was of short duration, it was of great importance and assistance to us. We were not notified exactly when he would arrive and since it is rather difficult to get hold of many of our members here, the attendance was not as good as we had hoped for. He arrived by train at 11am and we took him straight to the Legislature Building, where he would see its architecture and surroundings. Then he was presented to members of the legislature. In the afternoon we took him by automobile ten to fifteen miles out in the surrounding area of the city to show him the environment and the good farm-crops that are expected this year. In the evening he delivered an address to a small but attentive group. His presentation showed that he followed closely Norway's material and political developments. He had a special way of presenting the various developments. It left us 3 with a clearer and more meaningful understanding of the political situation.

"Keep together" and "Keep your mouth shut" are precepts that are important during all occasions for us Norwegians, he stated. That which is the most important for us all, if we are to experience progress and recognition, is that we keep together as a people. This can best be achieved if we keep our mouths shut and not spread destructive and demeaning gossip that will destroy our development. Morgenstjerne left Edmonton on the CPR evening train and traveled directly to Winnipeg, where a large reception was held in his honor. "Sagawriter" (synonym) Translated by Kristian Nyhus, a member and a Past-President of Solglyt Lodge No. 143

It would be great if you would share this newsletter with your lodge members. Forward it to them by email or print it out and share it at your meetings. Have a cozy winter!!

