



April 2019



Greetings District IV Sons of Norway

I hope your spring season has started out good. I know we have all been through what you could call a difficult winter – some areas worse than others. Each day we have with sunshine is awesome. I'm looking forward to more days with sunshine.

First of all I want to reiterate the goals for District IV set by the District Board last fall. They are again as follows:

Goal 1: Every lodge in District IV by the end of 2019 is in the black. (Membership wise)

Goal 2: The Executive Committee members will assist the Zone Directors to visit all their lodges by the end of the biennium.

Goal 3: When visiting lodges do promotion of attending the District Convention at Watford City, ND in June 2020. Present the importance of the Lodge achievement forms.

Along with this I would like to also suggest that it's not too early to start planning how you will be

able to help members from your lodge be delegates at the convention – plus, how you can help them financially.

I have visited some of the lodges in the district since last fall. I have found this to be a very pleasant experience. I enjoy seeing and learning how lodges present their programs and how the members fit in and react to what is happening in their lodge. Plus, the different ideas you get and find usable to share with other lodges. Also, help them if there are areas where constructive ideas can be presented to them.

Again I want to remind you to always have a membership application with you. So you are ready if you are talking to someone and find out they want to become a member of Sons of Norway.

Thank you for all you are doing for the Sons of Norway. Have a wonderful summer.

Faternally,

Happy Easter

Nordy



Nordy Riley, President
District IV Sons of Norway

Some 2020 Convention Fees Waived, Wow!

In an effort to encourage Local Lodges to attend the next Convention in Watford City, North Dakota and also promote attendance at the beautiful Rough Rider Center (<http://www.roughridercenter.com/>), the District IV Board passed a motion which stated that the registration fees for the 2020 District Convention in Watford City will be waived for up to two delegates from Lodges who have not attended the **last two** District Conventions.

Sons of Norway's Mission

The mission of the Sons of Norway is to promote and to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.

www.sofn-district4.com



District IV Academic Scholarship Winners Named

The District IV scholarship committee is proud to award academic scholarships in the amount of \$1000 each to four qualified and deserving winners for 2019. Let me introduce them to you.

Dawson Strom from Moorhead, MN is a member of the Kringen Lodge #4-025 in Fargo, ND. Dawson has participated in Christmas programs and Syttende Mai activities of the lodge. He is a track and cross-country athlete and hopes to pursue a career as a nurse anesthetist at the University of Mary in Bismarck, ND.

Dylan Calton Viste represents Valhalla Lodge #4-341- Calgary, AB, Canada. Dylan is from Hanna, AB, but is in his third year of post-secondary school so has actually moved to Calgary to work on his Bachelors of Health Sciences Degree. Traveling to Latin America or Africa with the VIDA Medical and Dentistry Program as a volunteer is a goal for Dylan. He attends the University of Calgary.

Abby Kallenbach, Jamestown, ND is an insured member of her grandparents' Mollargutten #4-478 Lodge in Maddock, ND. Abby has excelled in the sports of volleyball and track during her high school career. She sees her future as a doctor and plans to study at NDSU in Fargo in the Fall. Abby says, "Lefse is the BEST! Especially with Butter and Sugar!"

Kelly Greenwall is a repeat winner for our scholarship! Kelly is a member of the Solglyt Lodge #4-143 in Edmonton, AB. Kelly has been active in Trollhaugen Language and Arts Camp and loves her Norwegian heritage. She is in her third year at the University of Alberta following her dream to become a physician. Currently, she is majoring in Scandinavian studies and minoring in anthropology.

Congratulations to all of our scholarship winners! We wish them all the success and Norwegian luck they will need in order to reach

their lofty goals. And thank you to the District IV scholarship committee who took the time to examine the applications and determine the winners.

Flo Kallenbach
Vice President
Scholarship Chairman

Kalendar

**May 4-5Spring Board Meeting
Glasgow MT**

May 17 Syttende Mai

**June 6-9 Trollfjorden Camp
Lake Metigoshe**

**June 7-9 Sports Weekend
Meota, SK**

**June 10 Scandinavian Church Tour
Mollargutten Lodge**

**July 18-21 Bjørnetann Camp
Livingston MT**

**August 11-17 Trollhaugen Camp
near Alix AB**

**September 25-28 Norsk Høstfest
Minot ND**

**October 4-6 Fanatullen Scandinavian
Dancers Workshop--Red Deer AB**





Great News From Your District Foundation Director – Dan Rude

I just received some wonderful news from our Sons of Norway Foundation Director, Corrie Maki Knudson. To date she has informed me that the Foundation has awarded over \$25,000 to 41 grants recipients in 2019. District 4 received the 3rd most awards over all, \$4,000 in grants. The grants rewarded in District 4 are as follows:

Sunnyside Farms, Inc. in MT received a Community Partnership Grant for an international exchange internship on rural practices with Norwegian Fjord horses for therapy and children's education

Oak Park Cemetery Association in ND received a Community Partnership Grant for a historic plaque to honor a rural Norwegian Church for bell tower built as replica of steeple

Vidda Lodge 4-663 received a Helping Hands to Children Grant for a Norsk Heritage Youth Culture Fair

Heim Lodge 4-178 received a Helping Hands to Children Grant for a School Book Project

Mjosen 4-078 received a Helping Hands to Children Grant to celebrate Syttende Mai and Leif Erickson Day with 6th graders

Sverdrup Lodge 4-107 received a Lodge Culture & Heritage Grant for Sverdrup Lodge's Cultural Renaissance Program

Gyda Varden 4-021 received a Lodge Culture & Heritage Grant for Cultural Skills Workshops for members

Vidda Lodge 4-663 received a Lodge Culture & Heritage Grant for hosting a Scandinavian Visiting Performing Group

Bjarne Lodge 4-086 received a Lodge Vitality Grant for technology equipment.

The Foundation Board of Governors want to encourage more applications for the Helping Hands for Children Grants in order to help youth in the community or engage them with the local lodges. Check out the Sons of Norway website for more information on this and other grants.

Unfortunately, we have to wait on decisions concerning the Scholarships that the Foundation will be awarding this year. One that I am anxiously waiting to find out about is who will be awarded the first scholarship from the Dan and Betty Rude Scholarship which we set up for those going into Elementary Education. It is exciting to finally see the scholarship being awarded.

If I can be of any help please feel free to contact me dbjrude@msn.com.

Breakfast in Bed for Mother this Year?





From the Desk of the District Secretary – Dan Rude

At the 2018 International Sons of Norway Convention in Minneapolis, MN the delegates had 64 Resolutions. Some were combined while others were put on a consent calendar and dealt with at one time. I would like to report on a number that will affect the local lodges and their members.

1.6.1.3 Golden Membership – members who have attained the age of 65 or older and has been a member in good standing of the order for 30 years will be recognized as Golden Members – presented with a Certificate and membership pin. This does away with reducing the Golden Members' dues by 50%.

1.6.1.3 A family Membership covers all individuals using the same legal address. The underlined section replaces “living in the same household”.

4.7.1 District Convention Delegates – Lodges will elect delegates to District Conventions prior to the month of April. Changed from March to April.

4.11.2 Titles and Number – The elected officers of a Local Lodge shall be President, Vice President, Secretary, Treasurer, and such additional officers as the Local Lodge may deem necessary. Additional officers shall either be elected or appointed as specified in the Bylaws of the Local Lodge. A Local Lodge does not have to have a Financial or Membership Secretary, or a Social or Cultural Director.

4.11.2.1 Restriction of Office – The offices of President, Secretary, and Treasurer shall be held by separate individuals. Removed Financial or Membership Secretary, Trustees.

4.13.1 Local Lodge Board of Directors -Local Lodge Board of Directors shall consist of President, Vice President, Secretary, Treasurer and such additional Officer or Directors as specified in the Bylaws of the Local Lodge. Removed Financial or Membership Secretary and Social or Cultural Director.

4.21.1 Annual Reports - The local lodge shall file a financial statement (Form D17) with Sons of Norway headquarters annually. The financial report shall be prepared in the format(s) required and submitted to Sons of Norway headquarters. Failure to file in a timely manner will result in Sons of Norway withholding dues reimbursements until such reports are received. Removed the filing date of April 30th.

8.16.4.5 Treasurer Duties - Make no payment except by check, bank, or postal transfers, except for specific payments through any auditable banking technology that have been approved by the Board of Directors. Underline section added to give the treasurer more options.

Viking for Kids – International Board of Directors will reinstate the quarterly publication for the Viking for Kids in a electronic form.

If I can be of any help please feel free to contact me at dbjrude@msn.com.

**Take your family to one of the
District IV camps this summer!
It's time now to get signed up.**



Applications available on the District IV website.
www.sofn-district4.com



Greetings to Sons of Norway Members

Lodges have been sending me pictures for the Viking. If you don't see a picture from your lodge that probably means you haven't sent me a photo. Send pictures to me by email, most of those pictures can be adjusted to fit the Viking.

I had nine lodges apply for a Fraternal Grant from District IV. They were: Grand Forks, Maddock, Fargo, Jamestown, Cooperstown, Minot, Bismarck, Crosby and Bowman-Hettinger. They received all the way from \$100 to \$300. Most were for cooking classes, wood carving and rosemaling classes. I think all those lodges who applied were awarded a Fraternal Grant. Billings was given a Folk Dance Workshop check and so was North Battleford for the Sports Week-end.

One member, Joan Varty, from Minot, applied for a Cultural Grant. She attended a rosemaling class in Grand Forks.

I will be making arrangements for the cultural classes at the District Convention in Watford City. If there is a particular class you would like at the Saturday afternoon cultural classes, please email me at: martha1946@hotmail.com.

I hope all of the lodges have a Syttende Mai celebration planned. Enjoy that celebration. And have a great spring and summer.

Faternally,

Martha Elliott
Cultural Director, District IV



News from Zone 1

Mjosen Lodge in Mayville is very active. I receive their newsletter via email every month, and they have a busy schedule of cultural events as well as business meetings. This is a strong lodge with strong leadership.

Mollargutten (Maddock) has also expanded their programming this year. At regular meetings, they have enjoyed a travelogue from members who had been to Norway on a Juven tour, and a presentation from a local couple who spend many weeks in Medora each summer. In addition to their regular monthly meeting, they have a separate cultural meeting most months. They have enjoyed learning to tat with instructor Jill Nesheim, and eight members completed a rosemaled plate under the instruction of Joan Varty.

I am still hoping to get a membership drive going to revitalize Vaarliv. The plan has been to have a dinner at the Park River Bible Camp and perhaps move their regular meeting place out of Fairdale and to a more central location. Personal issues have prevented me from doing the kind of follow-up which I should have done earlier in 2019.

Heim in Devils Lake has a Facebook page and they reported 74 followers and 219 interactions in their first 24 hours! Wow! They held a membership dinner in the fall and Jul Fest in December.

I haven't had a lot of contact with Fagerlund. I believe they could also benefit from a membership drive, as I know their membership is diminishing.

Kathy Daeley, Zone 1 Director





Watford City Questionnaire

		1	2	3	4	5	6	7	8	9
Lodge #	Town	Dist to:	Did you Know	Last Time	Alternate	Now Start	Fund	Dir to Speak	Watford Info	Concerns
Zone 1	21 Grand Forks	333	Yes	2018-	Yes	Yes	Yes	Yes	Yes	Cost; They don't share when returned
Zone 1	78 Mayville	320	Yes	2018	Yes	Yes	Yes	No	Yes	None
Zone 1	178									
Zone 1	203									
Zone 1	478 Maddock	210	Yes	2018	Yes	Yes	Yes	Yes	Yes	None
Zone 1	486 Fairdale	300	Yes	2018	Yes	No	No	No	Yes	Dir planning member dinner
Zone 1	649									

*4/7

Zone 2	25									
Zone 2	247									
Zone 2	480 Cooperstown	200	Yes	2018	Yes	Yes	Yes	Yes	Yes	none
Zone 2	481 Valley City	300	Yes	2018	Yes	Yes	Yes	Yes	Yes	none
Zone 2	565									

*2/5

Zone 3	67 Minot	125	Yes	2018	Yes	Yes	Yes	Yes	Yes	none
Zone 3	86									
Zone 3	87 Rugby	185	Yes	2014	Yes	No	Yes	Yes	Yes	Difficult finding delegates
Zone 3	107									
Zone 3	307									
Zone 3	488 Bottineau	203	Yes	2012	Yes	Yes	Yes	No	Yes	none
Zone 3	557 Bowman/ Het	150	Yes	2018	Yes	Yes	Yes	No	Yes	none
Zone 3	618 Tioga	90	Yes	2012	Yes	Yes	Yes	No	Yes	try and talk some into going
Zone 3	652									
Zone 3	663 Vidda	114	Yes	2018	Yes	Yes	Yes	No	Yes	There will interest because its close

*6/8

Zone 4	143									
Zone 4	341 Calgary	652	Yes	2018	Yes	No	Yes	Yes	No	try to get more and diffenet and younger people
Zone 4	345									
Zone 4	493									
Zone 4	504 Camrose	718	Yes	2014	Yes	Yes	Yes	No	Yes	our lodge is small \$800 in bank; member donation?
Zone 4	567									
Zone 4	576 Saskatoon	355	Yes	2016	Yes	Yes	Yes	Yes	No	small amount of member available
Zone 4	571									
Zone 4	576									

*3/9

Zone 5	275									
Zone 5	489 Sidney	40	Yes	2018	Yes	Yes	Yes	No	No	none
Zone 5	499 Billings	322	Yes	2018	Yes	Yes	Yes	Yes	Yes	All our delegate attend plus others
Zone 5	524 Big Timber	401	Yes	2018	Yes	Yes	Yes	No	Yes	none
Zone 5	531									
Zone 5	553 Glasgow	180	Yes	2010	Yes	No	No	No	Yes	none
Zone 5	586 Miles City	200	Yes	2010	No	Yes	Yes	Yes	Yes	Have already Chosen the delegate

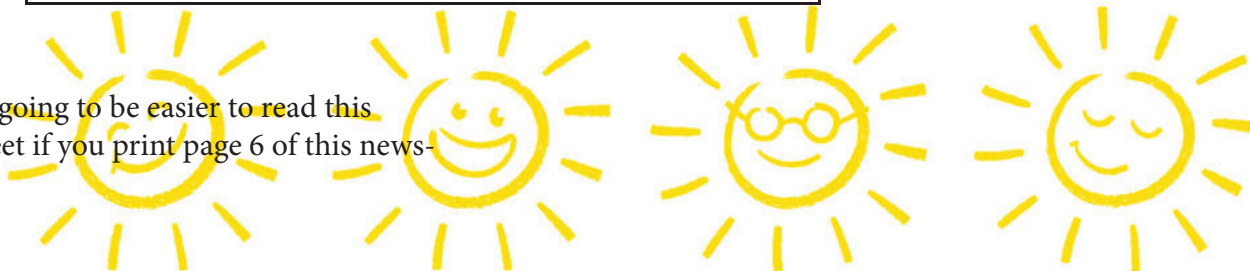
*5/7

Zone 6	138 Great Fall	426	Yes	2018	Yes	No	Yes	Yes	Yes	none
Zone 6	140 Kalispell	599	Yes	2016	Yes	Yes	Yes	Yes	Yes	we have a reluctance because ill-informed
Zone 6	424 Missoula	598	Yes	2018	Yes	Yes	Yes	Yes	Yes	none
Zone 6	507 Cut Bank	464	Yes	2014	Yes	Yes	Yes	No	Yes	Do you know the Dates yet?
Zone 6	528 Helena	506	Yes	2018	Yes	Yes	Yes	No	Yes	none
Zone 6	536 Libby	686	Yes	2010	Yes	No	No	No	Yes	problem to find someone willing to go because we are getting older
Zone 6	542 Polson	637	Yes	2016	Yes	Yes	Yes	Yes	Yes	difficult because time, interest, and money
Zone 6	543 Bozeman	462	Yes	2018	Yes	Yes	No	Yes	No	Possibly one delegate; we can only pay registration fee
Zone 6	589									
Zone 6	656 Hamilton	640	Yes	2018	Yes	Yes	Yes	Yes	Yes	none

*9/10

Mean	359.1724	*29/29	*28/29	*24/29	*24/29	*18/29	*26/29
Range	40-686						
Missing	*19/48						

Hint: It's going to be easier to read this spreadsheet if you print page 6 of this news-letter.





Zone 4, District 4 Zone Directors Report

God Påske!

Winter has been long. Seems to get longer as we age!

Most of us are glad to see spring as we get outdoors and are a lot more active. I have not travelled a lot this winter for obvious reasons—snow makes travel more difficult and the unpredictability of the prairie winters makes it hard.

Lodges in Zone 4 are looking forward to the upcoming Sports Weekend in North Battleford (Meota) Saskatchewan on June 7th, 8th and 9th. This has been a tradition for us since the late 1960s. Some of the events have changed but the camaraderie between our lodges is fabulous. They are promising bowling, golfing, cards and games and possibly pontoon rides. Meota's main venue is about 25 minutes north of North Battleford and is on Jackfish Lake. If anyone would like to join us, please contact me for more details and for directions.

Since this will be our first chance to see many of our Sons of Norway friends from other lodges since the fall, we are hoping for a great turnout.

Happy Easter to all! I will be thinking of you as our family here enjoys a traditional turkey supper!

Russ Wiigs rwiigs@telus.net

Zone 6 Report

John Knudsen, Director

Hi everybody. Its time to give a little report about my travels and other things.

One of the Key Goals this year have been to visit the various lodges in inside our Zone 6. And therefore, I have been traveling around Zone 6. That includes: Hamilton, MT, Missoula, MT, Great Falls, MT, Kalispell, MT. and Polson, MT. I have installed officers, gave workshops, and short mini-shops. It has been encouraging to see the enthusiasm at the Lodges. There have also been some hard questions to answer. At one meeting, a great question came out; Why can't we have an agenda well in advance of the 2020 Convention in Watford City, ND?

Another one of the Key Goals for the District was the Watford City Questionnaire. Dan has been giving them to me as they come it. Since it was my baby. And I have been compiling the information. It is interesting on the concern sheet why some delegates are not coming. See that spreadsheet that will also be in this newsletter.



Some 2020 Convention Fees Waived, Wow!

The exact motion reads as follow:

The Finance Committee moved the 2020 District Convention fees are to waived for up to two delegates for Lodges who have not attended to the last two District Conventions.

The Rough Rider Convention Center has been booked for the June 11-12, 2020 Convention. Two hotels, the Little Missouri Inn and Teddy's Residential Suites, have been reserved with a room rate of \$89.00 plus tax per night. Buses will be provided for transportation between the Convention Center and the hotels.

The Board is excited in this promotion and want to help those Lodges that are on the border line of deciding whether to attend or not. We hope that there will be a lot of NOTS. The District Board has set goals for the coming year and one of the is to promote an increase in attendance to the 2020 Convention in Watford City, ND. So please attend the next convention.



2020 District 4 Watford City Convention Questionnaire

This questionnaire is to encourage Lodges in District 4 to send delegates to the 2020 Convention in Watford City, ND. The District Board is encouraging your Lodge to send delegates. We would appreciate your participation in completing this questionnaire.

What is the Name of your Lodge? _____

What town is your Lodge located in? _____

1. How many miles is it from your town to Watford City, ND? _____.
2. Did you know that each lodge within the District is entitled to send one (1) delegate from the Lodge, plus one (1) delegate for every fifty (50) adult members **OR** major portion thereof? **YES or NO**. Circle one.
3. When was the last time you sent a delegation?
2018 _____, 2016 _____, 2014 _____, 2012 _____, 2010 _____, Before 2010 _____. **(Check all that pertain).**
4. Did you know that your Lodge should always have an alternate list of Convention delegates? **YES or NO**. (Circle one).
5. Will your Lodge start now to consider sending delegates to the Watford City Convention? **YES or NO**. Circle one.
6. Could your Lodge think of a way to fund your delegates to Watford City, ND? **YES or NO**. Circle one.
7. Would you like your Zone Director to come and speak about the next convention? **YES or NO**. Circle one.
8. Does your Lodge know that information on Watford City, ND is available on the internet? **YES or NO**. Circle one.
9. List any concerns about your lodge and its ability to send delegates to the next convention.

Complete this form and send it to:

Dan Rude, District Secretary

4113 Rainbow Drive

Missoula, MT 59803