

Velkommen



Sons of Norway District IV Trollfjorden Language and Cultural Camp



June 11-14, 2026

Located at
Metigothe Ministries Retreat Center
10605 Lake Loop Road East
Bottineau ND

A camp experience for ALL
District IV Sons of Norway members. Come by
yourself or
bring your family to experience your
Norwegian heritage first hand.

Who Can Attend?

- Sons of Norway District IV Members
- Children and grandchildren of District IV Members (ages 8 & up)
- Children (ages 8-17) will be assigned to & housed with a boys or girls camp counselor.

How do I register?

Due to limited capacity, applications and payments are due by **May 15, 2026**. Registrations are accepted on a first-come, first-serve basis. A \$25 non-refundable fee may be charged for all cancellations after this day and before June 1. There will be NO refunds after June 1. Obtain application forms from your local lodge secretary, download from District IV website, Facebook Trollfjorden Camp or contact:

Jerry Saude
1919 162nd Ave NW
Bismarck ND 58503
701-224-0963
grammas@bektel.com

A confirmation will be sent upon receipt of forms and payment.

It's Important!

- As a group, we are responsible for keeping this beautiful facility clean.
- Use of alcohol or illegal drugs are prohibited at all times, and the building is smoke-free.
- No pets are allowed in the facilities.
- All Campers MUST participate in all scheduled activities. We take our responsibility for you seriously.



How much does it cost?

- \$250 for campers, ages 8-17
- \$300 for campers 18 and older
- Fees include instructional materials, meals and accommodations (except RV campers - \$20/night additional fee)
- Actual costs for camp are subsidized by donations from Sons of Norway lodges and District IV. Contact your lodge for individual scholarships too.
- For campers 8-17 years old, Youth Scholarship funds will be divided and reimbursed for those campers whose lodges did not pay the entire campership.
- A butikk is available for purchase of Norwegian candy, gift items and t-shirts. Bring spending money for the butikk.



Camp Director:

Jerry Saude 701-527-4068

Camp Secretary:

open

Camp Treasurer:

Tom Marple 701-663-1147

At Large:

Carol Thompson 701-466-2473

Sam Reece 701-230-1773

Jennifer Thoreson 701-793-7135

Tom Marple 701-663- 1147

What will I eat? Where will I sleep?

The Metigoshe Ministries kitchen staff and Trollfjorden staff work together to provide delicious Norwegian foods that you will find to be a real treat.

Campers take turns assisting with meal clean-up and washing dishes, helping to keep camp prices down.

Supper will be served on Thursday and meals will be provided through brunch on Sunday.

Bunk beds are provided for youth campers. They should provide their own bedding and pillow. Let us know if you have someone you want to bunk near.

Bedrooms are available for adult campers. Bedding is provided for you.

What will I do there?

- Norwegian language classes (required)
- Guided instruction in a variety of cultural skills will be offered, including cooking, rosemary, wood crafts, and textile

arts.*

- The youngest campers are offered small group instruction in age-appropriate crafts.

*Note: Participation in some of the activities will be by sign up and class numbers may be limited. You will need to make some choices because it will not be possible to participate in all classes. Try a different one each year!

